











1 God is our refuge and strength, an ever-present help in trouble. 2 Therefore we will not fear, though the earth give way, and the mountains fall into the heart of the sea, 3 though its waters roar and foam and the mountains quake with their surging.

There is a river whose streams make glad the city of God, the holy place where the Most High dwells. 5 God is within her, she will not fall; God will help her at break of day. 6 Nations are in uproar, kingdoms fall; He lifts his voice, the earth melts.

⁷ The Lord Almighty is with us; the God of Jacob is our fortress.

Selah

⁸ Come and see what the Lord has done, the desolations He has brought on the earth.

9 He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; He burns the shields with fire. 10 He says, "Be still, and know that I am God; I will be exalted among the nations I will be exalted in the earth." 11 The Lord Almighty is with us; the God of Jacob is our fortress.

Favorite Psalm:



Martin Luther



A mighty Fortress is our God, A bulwark never failing; Our helper He amid the flood of mortal ills prevailing: For still our ancient foe doth seek to work us woe; His craft and power are great, and, armed with cruel hate, on earth is not his equal.

Favorite Psalm:



Martin Luther



Did we in our own strength confide, our striving would be losing; Were not the right Man on our side, the Man of God's own choosing: Dost ask who that may be? Christ Jesus, it is He; Lord Sabaoth His Name, from age to age the same, and He must win the battle.

Favorite Psalm:



Martin Luther



My Wife



What do you love about Psalm 46? Why is this your favorite?



My Wife



What do you love about Psalm 46? Why is this your favorite?

"I believe it was in high school that I began loving v. 10—it became my favorite verse in the Bible. It's so comforting to be reminded that God is in control, and that sometimes we don't need to do anything but wait and trust."





"Twenty-some years ago, I was part of a group that required me to memorize an entire chapter in the Bible. I chose Psalm 46. It was then that I grew to love the truth of the entire Psalm, not just verse 10."





"During this pandemic, I have decided to read Psalm 46 every day. Verse 2 speaks to me so powerfully. 'Therefore we will not fear.' I am reminded daily that none of this is a surprise to God. Even though these words were written so long ago, they are completely relevant TODAY."





"The nations are still in an uproar (v. 6). It is God who breaks the bow and shatters the spear (v. 9). We don't need to fear 'man's' decisions. We simply need to be still and know that God will be exalted! God is our strength. God is exalted and in charge."





If you were preaching this Psalm today, what would you say?

"That we don't need to fear. God is in control. God is faithful. You can trust Him."

Me: Amen! Let's pray!

3 Points. 3 Truths. 3 Takeaways.

1. We cannot ultimately depend on anything or anyone but God.

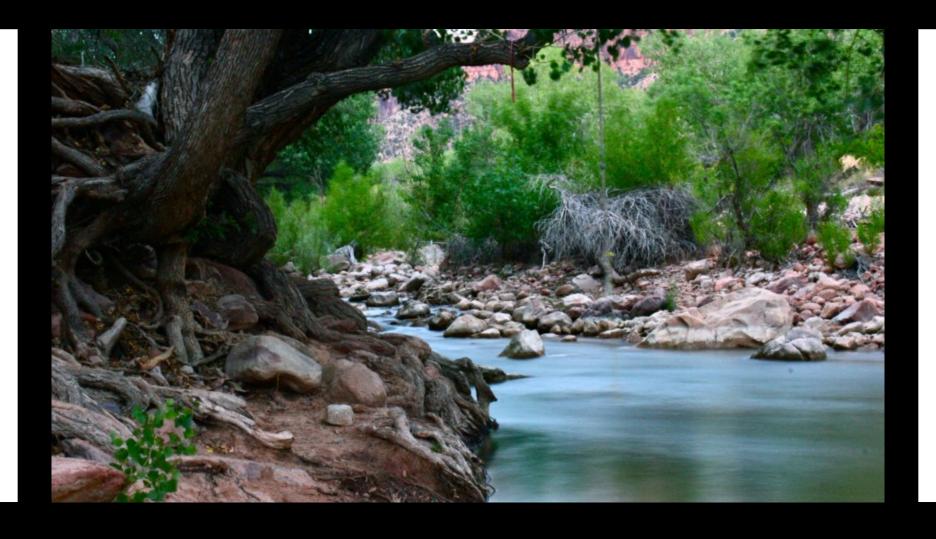
vv. 1-3

"Selah" — Pause & Reflect

2. There is peace in God's presence.

vv. 4-7

Genesis
2



Revelation
22

2. There is peace in God's presence.

vv. 4-7

"The Lord Almighty is with us; the God of Jacob is our fortress." v. 7
"Selah"

3. Sometimes the best thing we can do is to be still. And trust.

vv. 8-11

It is God who acts.

Not us. Not man.

3. Sometimes the best thing we can do is to be still. And trust.

vv. 8-11

"Selan"

"We don't need to fear. God is in control. Goa is faithful. You can trust Him."