

## What is RESET?

We all get stuck or have setbacks as we seek to follow Jesus. Some of us have a new area where we want to grow. Some of us feel like we've been trying to heal forever and hope can feel diminished. But when Jesus offers abundant life, he is offering it for the here and now. He has come and kingdom life is available today!

RESET is a worship service and support system that has the goal of lifting up Jesus as our hope in the mess. At RESET, we are building safe environments to be real and to name what's broken. We are building upon Jesus as our foundation when everything else is shaking. We are building an authentic community, a family, a place to belong.

Abundant life comes in doing life together. For real. With Jesus. Join us at RESET!

## Notes

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## Contact

**Did You Make a Friend Tonight?**  
*We encourage you to exchange phone numbers*

NAME	PHONE

**Mondays @ 6:30 pm**  
**at King Street Church**



*King Street Church is located in downtown Chambersburg at 162 E. King St, on the same block as the courthouse. Enter at the Baker Center doors, marked above with the star. Park in any of the blue lots.*

**For more information contact:**  
(717) 264-4651  
**[www.kingstreetchurch.com](http://www.kingstreetchurch.com)**  
Adam Keath,  
Director of Restoration and Recovery  
[akeath@kschurch.org](mailto:akeath@kschurch.org)



# RESET

@ King Street Church

“The thief comes only to steal and kill and destroy. I have come that they may have life and **have it abundantly.**”

## John 10:10



**kingstreetchurch.com/reset**

# Meeting Schedule 6:30-8:30 pm

- 6:00 pm

Come early to connect!
- 6:30 pm

Worship Service, which includes elements such as prayer, music, teaching, and celebration.
- 7:30 pm

Support Groups

## Core Care Groups

These groups offer support for some of our most vulnerable personal needs.

- Men's Victory over Substance Abuse
- Men's Freedom in Life's Issues
- Women's Victory over Anxiety & Depression
- Women's Freedom in Life's Issues

## Situational Support

These groups are designed to offer support in areas where our circumstances are impacting our lives or our spiritual or emotional health.

- **Parents of Prodigals:** This group meets every other week at 7:30 pm

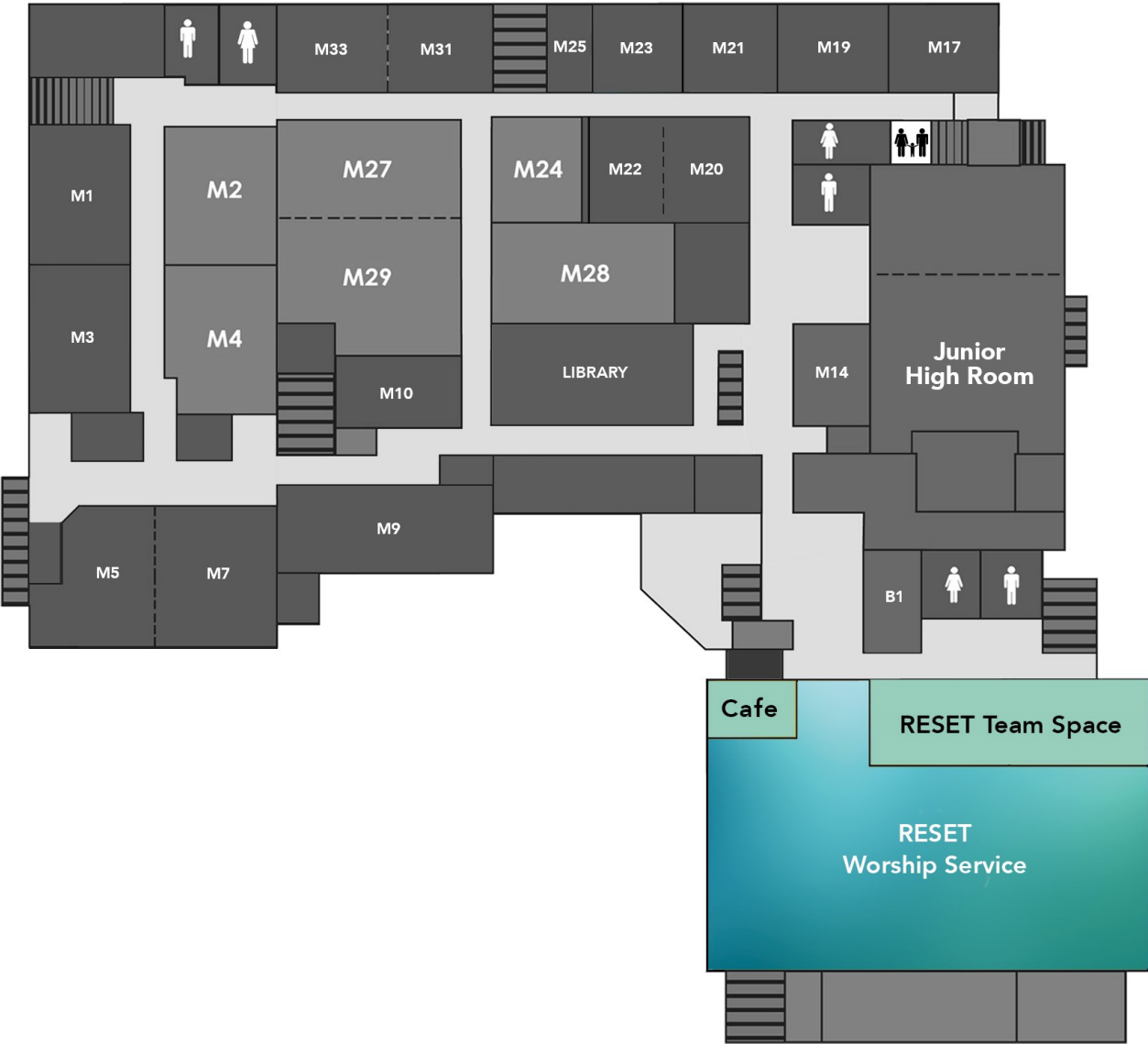
## Community Care

We will invite outside groups to carry out their ministry in our building.

- **GriefShare:** This group meets every week at 7:00 pm.

We look forward to welcoming other Situational Support and Community Care groups in the future.

# RESET Map



# Small Group Guidelines

1. At RESET, we believe Jesus is alive and the true source of healing and hope. If you believe differently, we will respect you, and ask that you likewise respect Jesus and his Word.
2. Please keep your sharing focused on yourself and your personal feelings and challenges. If you choose to share when invited, please keep your time to five minutes or less. We want these groups to give equal space for everyone to experience support and healing.
3. Please limit cross talk and triggering language. Interruptions and insensitive language can isolate people and take away the environment of trust and safety. Practice being a good listener!
4. Expect an environment of support, but we will not try to "fix" you. We're not counselors. Please only give feedback with personal permission and outside of structured group time. Feel free to allow space for prayer as directed by the group leader.
5. Confidentiality and anonymity are high priority! What you hear here and who you see here stays here! We will make an exception if someone is in danger of harming themselves or another person.