

Lament Is Not A Four Letter Word



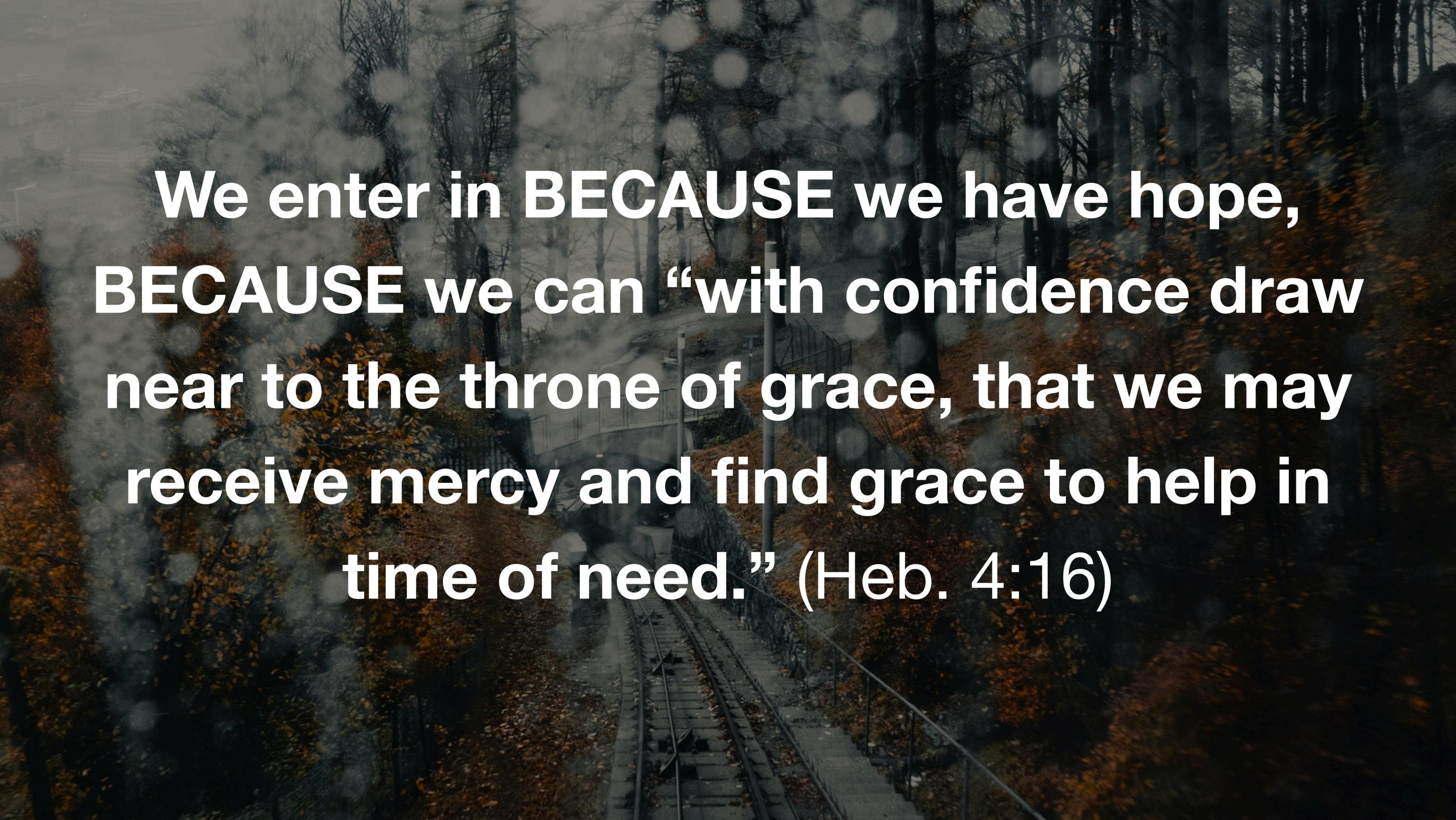
Psalm 6

RESET

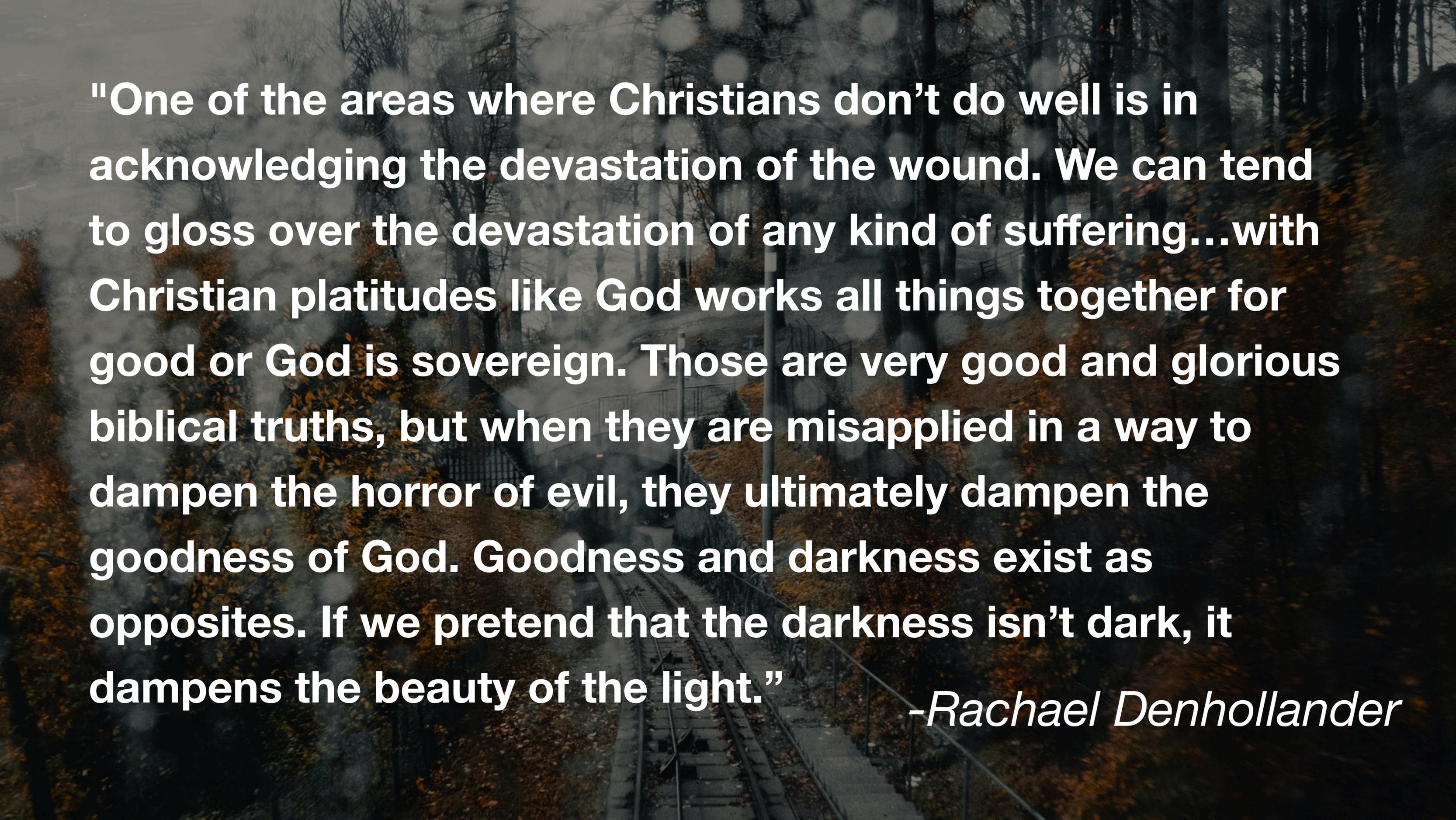
@ King Street Church





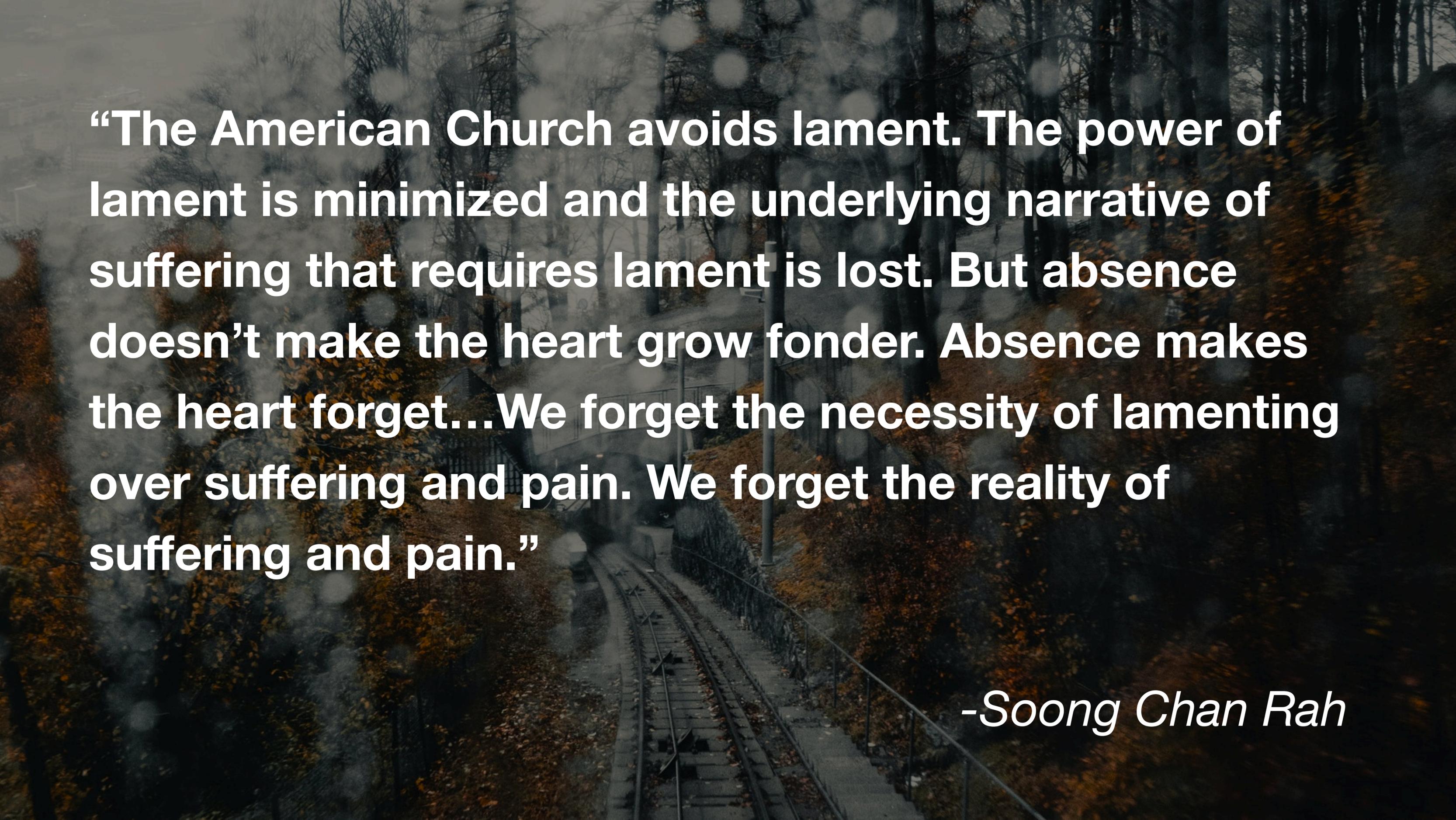
A dark, atmospheric photograph of a forest with a path and a fence, overlaid with white text. The scene is dimly lit, with a path leading through trees and a fence on the right. The ground is covered in fallen leaves, and the overall mood is somber and contemplative.

**We enter in BECAUSE we have hope,
BECAUSE we can “with confidence draw
near to the throne of grace, that we may
receive mercy and find grace to help in
time of need.” (Heb. 4:16)**



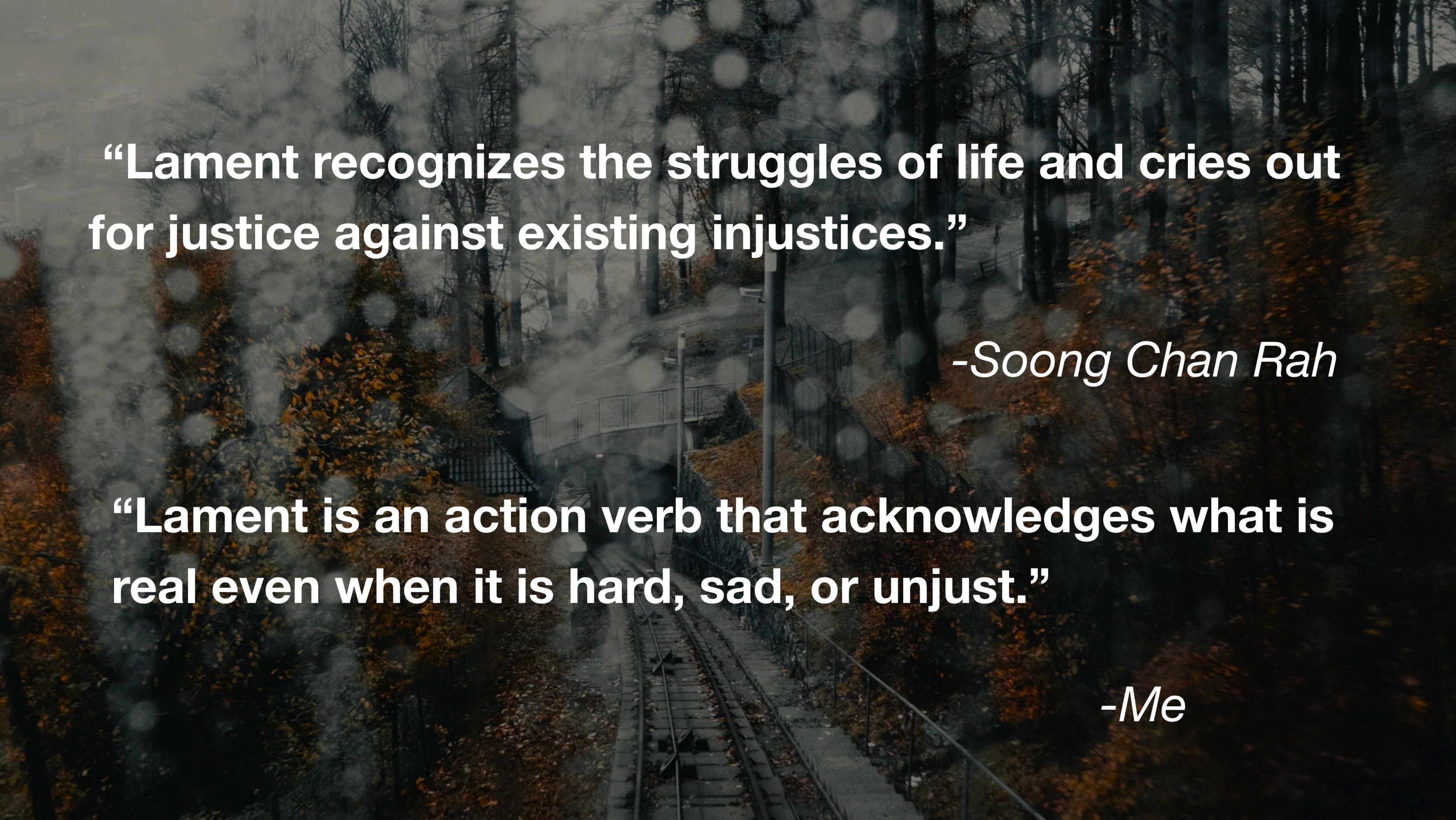
"One of the areas where Christians don't do well is in acknowledging the devastation of the wound. We can tend to gloss over the devastation of any kind of suffering...with Christian platitudes like God works all things together for good or God is sovereign. Those are very good and glorious biblical truths, but when they are misapplied in a way to dampen the horror of evil, they ultimately dampen the goodness of God. Goodness and darkness exist as opposites. If we pretend that the darkness isn't dark, it dampens the beauty of the light."

-Rachael Denhollander



“The American Church avoids lament. The power of lament is minimized and the underlying narrative of suffering that requires lament is lost. But absence doesn’t make the heart grow fonder. Absence makes the heart forget...We forget the necessity of lamenting over suffering and pain. We forget the reality of suffering and pain.”

-Soong Chan Rah



“Lament recognizes the struggles of life and cries out for justice against existing injustices.”

-Soong Chan Rah

“Lament is an action verb that acknowledges what is real even when it is hard, sad, or unjust.”

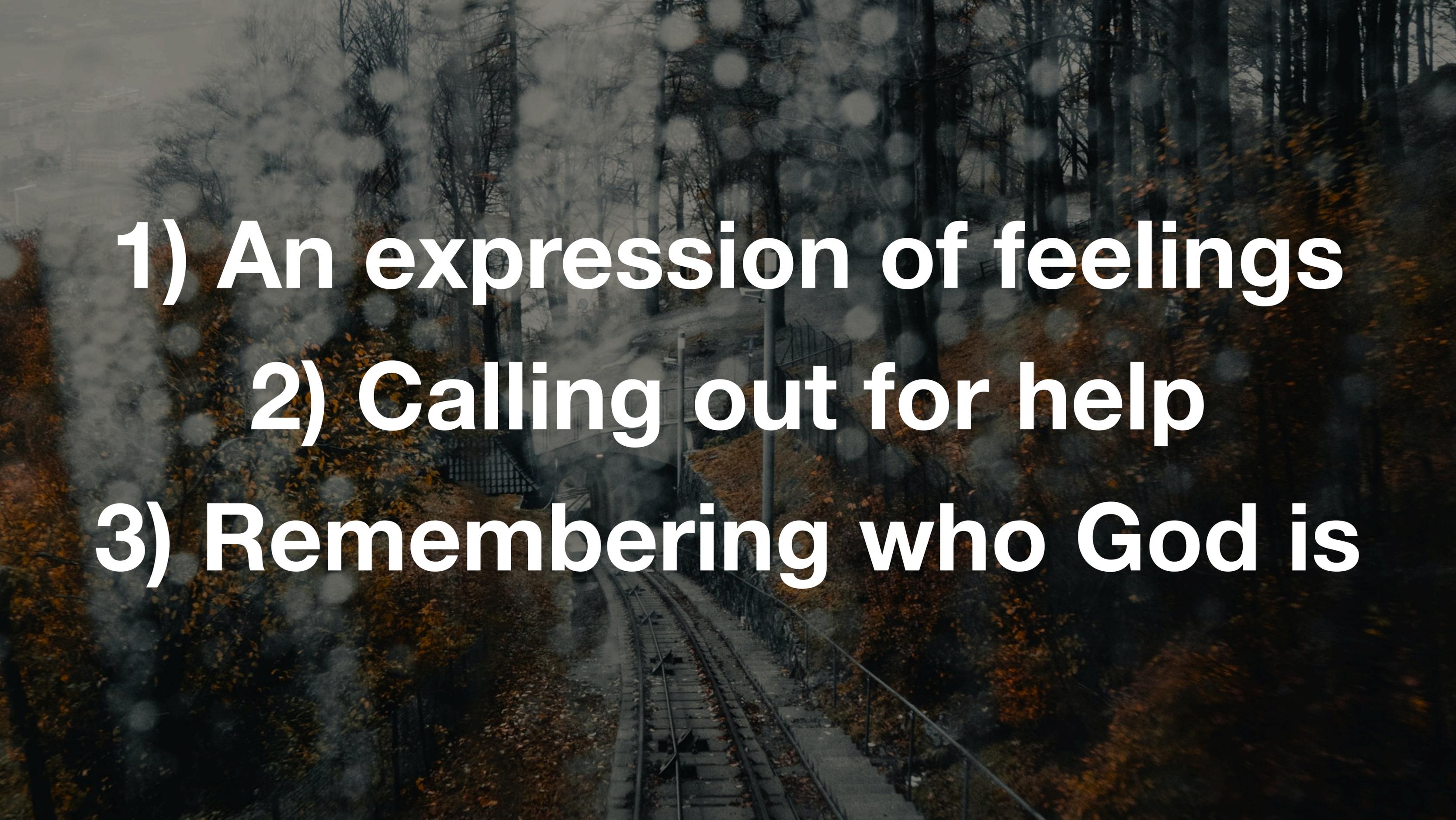
-Me

Psalm 6

“O Lord, don’t rebuke me in your anger or discipline me in your rage. Have compassion on me, Lord, for I am weak. Heal me, Lord, for my bones are in agony. I am sick at heart. How long, O Lord, until you restore me? Return, O Lord, and rescue me. Save me because of your unfailing love. For the dead do not remember you. Who can praise you from the grave?”

Psalm 6

I am worn out from sobbing. All night I flood my bed with weeping, drenching it with my tears. My vision is blurred by grief; my eyes are worn out because of all my enemies. Go away, all you who do evil, for the Lord has heard my weeping. The Lord has heard my plea; the Lord will answer my prayer. May all my enemies be disgraced and terrified. May they suddenly turn back in shame.”

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- 1) An expression of feelings**
- 2) Calling out for help**
- 3) Remembering who God is**



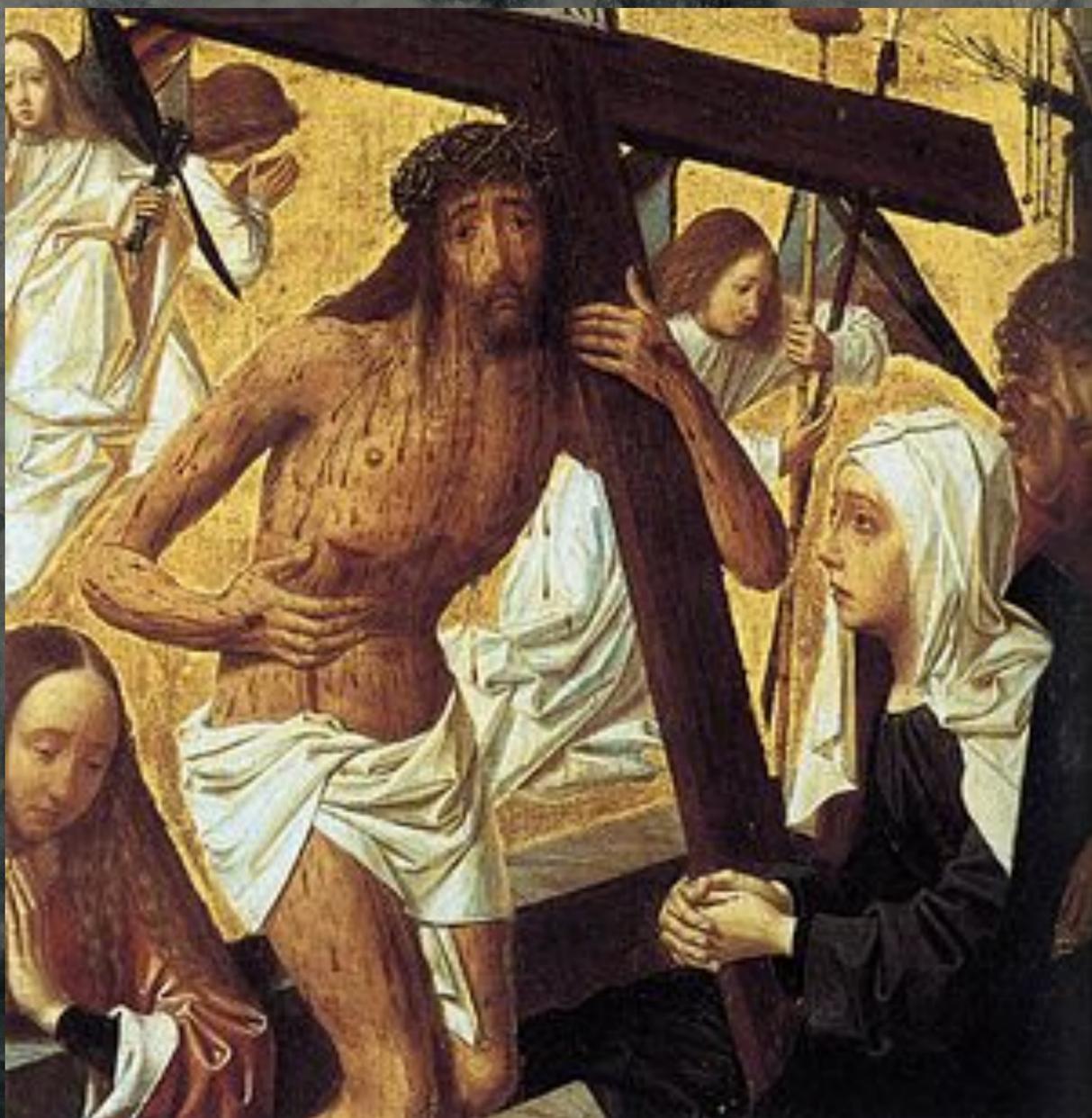
1) An expression of feelings



2) Calling out for help



**3) Remembering who
God is**





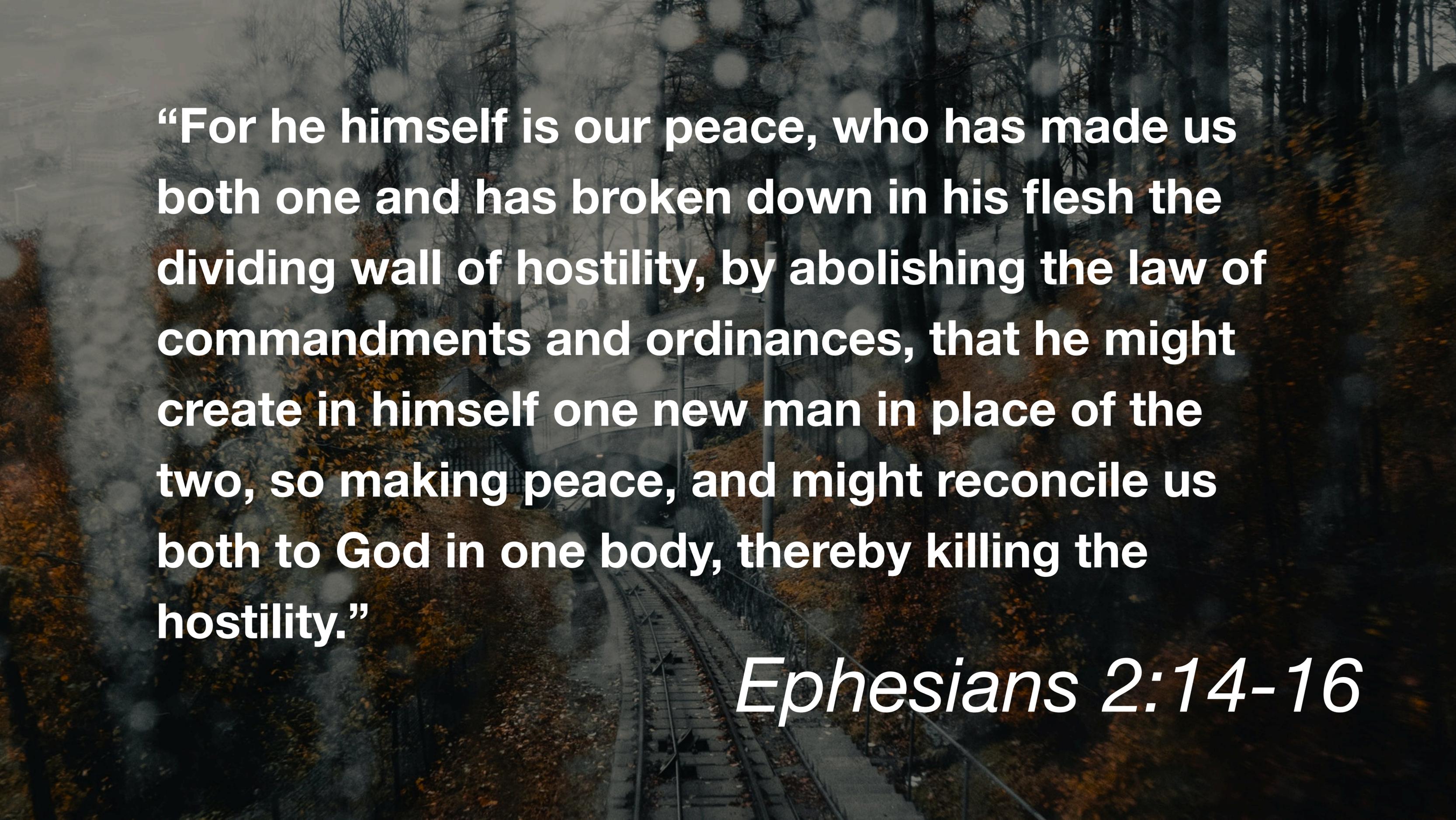
**How does God
remember our sin?**

Psalm 103:8-12

Hebrews 10:17

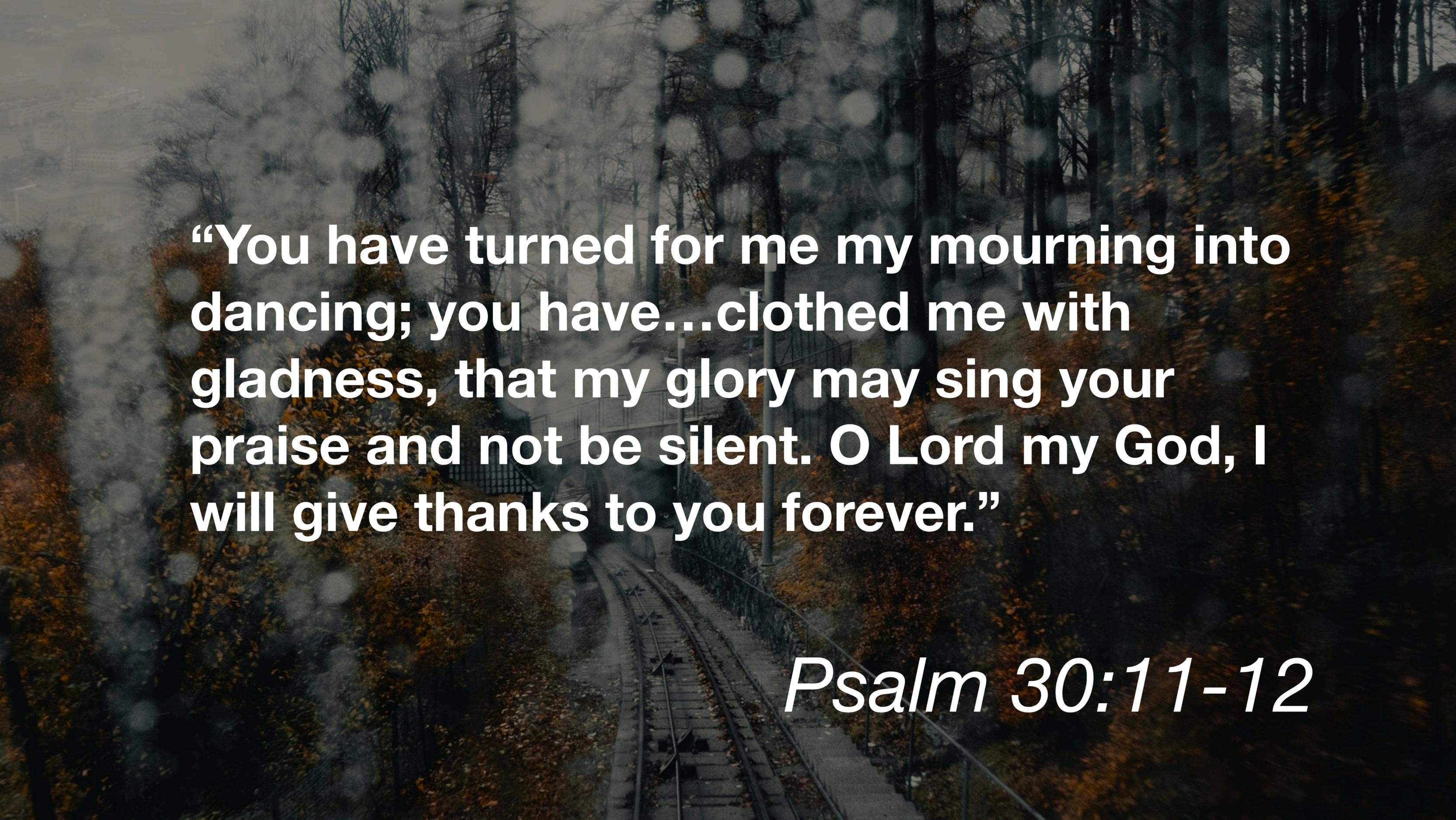
What does God want us to remember when we look at sin?

He wants us to remember Jesus, and what he did for us on the cross...pierced for our sins and failures, acquainted deeply with our grief, to bring us into restored relationship with him and one another and give us peace.



“For he himself is our peace, who has made us both one and has broken down in his flesh the dividing wall of hostility, by abolishing the law of commandments and ordinances, that he might create in himself one new man in place of the two, so making peace, and might reconcile us both to God in one body, thereby killing the hostility.”

Ephesians 2:14-16



“You have turned for me my mourning into dancing; you have...clothed me with gladness, that my glory may sing your praise and not be silent. O Lord my God, I will give thanks to you forever.”

Psalm 30:11-12