

Lament Is Not a Four Letter Word: Psalm 6

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Questions to ponder in light of today's message:

Are there any passages or parts of the message that stuck out to you?

Have you ever found value in lament? Why or why not?

Of Expression of Feelings, Calling out for Help, and Remembering Who God Is:

- Which is most natural for you?
- Which is most difficult for you?
- Why?

Why do you think we skip over lament so often in our churches, communities and friendships?

Why does the suffering, grief and sorrow of Jesus matter to you?

Can you share at least one personal takeaway from this morning's message?