### PAUL'S FORMULA FOR GRATITUDE

I THESSALONIANS 5:16-18



# "Our **attitude**, not our aptitude, determines our altitude."

Zig Zigler, motivational speaker



Airplane Flight Attitude Instrument

Paul gives three imperatives that are basic to our attitude of gratitude that produces our Thanksgiving to God.

## Be Joyful Always

Jesus said, "I have told you this so that my joy may be in you and that your joy might be complete."

**JOHN 15:11** 

# Pray Continually

Adoration

Confession

Thanksgiving

Supplication

#### Give Thanks

"Come, let us sing for joy to the Lord; let us shout aloud to the Rock of our salvation. Let us come before Him with thanksgiving and extol Him with music and song."

PSALM 95:1-2

#### Where do you need JOY in your life today?

For what are you crying out to God – HELP!

For what do you need to give THANKS to God?



What is your attitude meter indicating for you this morning?